

Flexible Spending Account Expenses Worksheet



| | Actual Expenses Last Year | Estimated Expenses New Year |
|---|------------------------------|--------------------------------|
| MEDICAL | | |
| Copays / expenses | | |
| Prescriptions | \$ _____ | \$ _____ |
| Physician visits | \$ _____ | \$ _____ |
| Hospital visit copays / expenses (including Emergency) | \$ _____ | \$ _____ |
| Laboratory / testing expenses | \$ _____ | \$ _____ |
| Deductible expenses | \$ _____ | \$ _____ |
| Over-the-counter medications | \$ _____ | \$ _____ |
| VISION | | |
| Eye examination | \$ _____ | \$ _____ |
| Eyeglasses | \$ _____ | \$ _____ |
| Contact lenses and solution | \$ _____ | \$ _____ |
| LASIK surgery | \$ _____ | \$ _____ |
| Other expenses | \$ _____ | \$ _____ |
| HEARING | | |
| Hearing examination | \$ _____ | \$ _____ |
| Hearing aid | \$ _____ | \$ _____ |
| DENTAL | | |
| Copays / expenses | | |
| Dental visits | \$ _____ | \$ _____ |
| Fillings | \$ _____ | \$ _____ |
| Major work (root canals, crowns, dentures, etc.) | \$ _____ | \$ _____ |
| Orthodontia (braces) | \$ _____ | \$ _____ |
| Deductible expenses | \$ _____ | \$ _____ |
| Other expenses | \$ _____ | \$ _____ |
| Total annual amounts | \$ _____ | \$ _____ |

Dependent Care Expense Estimate

CHILD DAYCARE *

Full-time daycare (per week)

Child one
\$ _____

Child two \$ _____

Part-time daycare (per week)

Child one
\$ _____

Child two
\$ _____

1. Estimate the cost per week
for each category of care

2. Calculate the annual cost
(weekly full-time daycare plus
weekly part-time daycare X
number of weeks per year)

3. Total amount
\$ _____

*Children 12 and under

DISABLED / ELDER DAYCARE*

Caregiver
monthly cost
\$ _____

Multiply monthly
cost times number
of months
estimated
\$ _____

* Daycare provided for a dependent of any
age who requires assistance with the basic
tasks of daily life due to physical or mental
challenges.

What else is considered an eligible expense?

Visit the [Chard Snyder website](http://www.chard-snyder.com) for more resources on eligible items
and services under your plan.

www.chard-snyder.com